

Recreation Zoom Schedule

MONDAYS –

- 12:30 – 1:00 = Sip & Say with Tammy
- 7:00 – 7:30 = Bingo with Emily

TUESDAYS –

- 10:00 – 10:30 = Exercise with Andrew
- 12:30 – 1:00 = Pet Parade with Chelsea
- 7:00 – 7:30 = Karaoke with Emily

WEDNESDAYS –

- 10:00 – 10:30 = Relaxation with Andrew
- 12:30 – 1:00 = Master Crafters with Trish

THURSDAYS –

- 10:00 – 10:30 = Exercise with Andrew
- 12:30 – 1:00 = Name that Tune with Tammy

FRIDAYS –

- 10:00 – 10:30 = Exercise with Alyssa
- 12:30 – 1:00 = Trivia with Chris

SATURDAYS –

- 7:00-7:30 = Dance with Alyssa & Ceslie



ZOOM

- If you would like to participate, please email Kathy Duffin at kduffin@mcbbdds.org to get a link to be able to join!
- You MUST email in order to be able to join the activity

